

Green Coffee Bean Extract by HealthAid

"Beneficial to Boost Metabolism and Energy Levels"

The body breaks down the foods we eat into simple sugar which then enters the blood stream for eventual conversion into energy. When the body metabolises more sugar than is needed for energy, they turn into fat for storage in body tissues. Hence, over time, such accumulated fat deposits lead to weight gain. **HealthAid Green Coffee Bean Extract** is derived from green, or "raw," unroasted coffee beans high in **Chlorogenic Acid** and free from the jittery feelings commonly associated with caffeine.

HealthAid Green Coffee Bean Extract capsules also contain **Chromium** which is a trace mineral the body needs to maintain normal blood-sugar levels. Chromium may also help to promote healthy weight by contributing to normal metabolism.

What are Green Coffee Bean Extract capsules for?

- To support a healthy metabolism
- Contribute to the maintenance of normal blood glucose levels
- Contribute to the protection of cells from oxidative stress

Who are Green Coffee Bean Extract capsules for?

- People following a calorie controlled diet
- People who wish to achieve a healthy body weight
- People who wish to balance their blood sugar and maintain healthy insulin levels
- Those wanting to tone and maintain a healthy lean body
- People who wish to accelerate their metabolism.
- People who experience constant sugar cravings
- People who wish to prevent accumulation of free radicals that lead to oxidative stress

Two Capsules Contain (Average):		%NRV	Recommended Daily Intake of green coffee bean extract capsules: Adults over 18 years of age, two capsules daily with food. Do not exceed recommended daily intake unless advised by a suitably qualified person. Caution : This product
Chromium	100µg	250%	
Green Coffee Bean Extract** [standardized for min 50% chlorogenic acid]	1000mg	*	
*: EC Nutrient Reference Value Not Yet Established			
INGREDIENTS FOR GREEN COFFEE BEAN EXTRACT CAPSULES: Standardised Green Coffee Bean Extract (<i>Coffea canephora robusta</i>), Vegetarian Capsule Shell [hydroxy propyl methyl			

cellulose(HPMC),
dioxide,
chlorophyllin],
chloride.

titanium
copper
Chromium

**contains
caffeine.**

**** Free From
Yeast, Gluten,
Wheat, Soya,
Dairy, Sugar,
Salt, Artificial
Colours,
Preservatives
& Flavourings.**

**** Food
Supplements
should not be
used as a
substitute for
a varied and
balanced diet
and healthy
lifestyle.**